

# Miah Blue Bernard

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## SUMMARY OF QUALIFICATIONS

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- Passionate about public health, health promotion, and community involvement with experience in research, mentorship, social media, and event coordination.
- Strong leadership and organizational skills, demonstrated through executive roles in student organizations.
- Proficient in MS Office Suite, Google Suite, Canva, Adobe Express, and Wix.
- Advanced professional level of Spanish as 2-time recipient of the National Seal of Biliteracy (2023, 2024) and international work and education experience in Ecuador.

## EDUCATION

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### Clemson University

*Bachelor of Science in Language and International Health; Spanish concentration*

*August 2021 - May 2025*

- Relevant Coursework: Determinants of health Behavior, Human Anatomy and Physiology, Health Research and Evaluation Strategies, Policy and Social Change, Technical Spanish for Health Management Professionals.
- GPA: 3.54; Dean's List Spring 2023, President's List Fall 2024.

### Fundación Cimas del Ecuador

*Public Health and International Development*

Study Abroad Experience

*January 2024 - May 2025*

- Completed coursework, research, and presentations fully in Spanish in courses on international development, public health, and historical and political context in Ecuador.

## WORK EXPERIENCE

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### Nieri Student-Athlete Development Center

Clemson, SC

*Strategic Mentor*

*August 2023 – Present*

- Assisted learning specialists in providing student-athletes with individualized support regarding time management, course management, organization, research-based learning strategies and study skills.
- Attended professional development workshops to enhance skills in study habits, working with international and remediate students, and time management.
- Provided individualized tutoring assistance on introductory and intermediate Spanish, health, and sociology courses.

### Hospital San Luis de Otavalo

Otavalo, Ecuador

*Health Promotion Intern*

*March 2024 – May 2024*

- Assisted physicians in community health promotion events, patient intake, and meal distribution, contributing to the hospital's mission of improving community wellness.
- Delivered informative presentations in Spanish about benefits of breastfeeding to 25 parents, physicians, and nutrition interns during monthly Lactation Club meetings.
- Documented daily activities and authored a comprehensive 24 page report reflecting on the 160+ hours spent shadowing and researching the attitudes and practices of lactating mothers regarding the ancestral Andean diet.

## EXTRACURRICULAR ACTIVITIES

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### Language and International Health (LIH) Society

*President*

*January 2024 – Present*

- Pioneered a peer mentoring program to connect over 20 LIH majors with a peer network by hosting bi-monthly society meetings and sharing weekly involvement opportunities.
- Oversaw annual funding application process, society organization meetings, and club sponsorships of community events related to public health.

### Clemson Shag Dance Club

*President*

*May 2023 – Present*

- Generated over 1200 dollars of revenue through club t-shirt sales, membership dues, and community fundraisers.
- Grew social media and club presence by designing promotional flyers, editing video content, and tabling events.

### College of Arts and Humanities Ambassadors

*Study Abroad Liaison*

*August 2024 – Present*

- Assisted in recruiting, reviewing applications, interviewing and onboarding 15 new college ambassadors.
- Aided organization advisor in scheduling professional development workshops for ambassadors.